

Leicestershire & Rutland GYMNASTICS



Representing the Districts of
Blaby & Harborough, Charnwood, Hinckley & Bosworth,
Leicester City, Melton, North West, Oadby & Wigston and
Rutland.

Competitions:

- [Leicestershire Levels 5-1 Individual Apparatus County Competition](#)
14th June
- [Leicestershire All round County Competition](#)
6th September
- [Leicestershire Levels 7 and 6 All round County Competition](#)
4th October
- [Leicestershire Teams County Competition](#)
1st November
- [Leicestershire Beginners County Competition](#)
29th November

For Competition Information including Results checkout the Leicestershire Gymnastics Association website:
www.leicestershiregymnastics.co.uk

Welcome to the second edition of our Newsletter dedicated to Gymnastics in Leicestershire and Rutland.

A lot has been happening over the last few months since the Christmas edition of the Newsletter. The new Gymnastics facility at New College has opened, more clubs have passed GymMark and Leicester-Shire and Rutland Schools Gymnastics Development Group held their first ever Inter School Sports Partnership Competition Final!

Lots of changes have happened with English Gymnastics, we are now a wholly owned subsidiary company of British Gymnastics called Gymnastics England. Read on for more information and thank you to everyone for their hard work and support these last few months!!

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CHANGES TO ENGLISH GYMNASTICS

British Gymnastics is the UK wide governing body for gymnastics and is responsible for overall strategy and policy for the sport.

Gymnastics England is a wholly owned subsidiary of British Gymnastics and the professional body responsible for delivering the Whole Sport Plan in England. The overall aim of the Whole Sport Plan is to ensure that there are clear and progressive pathways for all participants in Gymnastics. Whether a gymnast, coach, official or one of the many volunteers that delivers gymnastics at a local, regional or national level.

The English Gymnastics Association is a volunteer association of the ten English Regions. It is an affiliated body of British Gymnastics and is responsible for the Commonwealth Games, English Home Country representation and English Championships. Gymnastics England will continue to work with the EGA to support and add value to these activities.

Courses:

- 6th June General Gymnastics Level 2. Derby & Nottingham
- 3rd October GMPD module Gymnastics. Coalville
- 11th October General Gymnastics. Derby & Nottingham
- 6th June Men's Artistic Level 2. Derby & Nottingham
- 5th Decemeber Women's Artistic Level 3. Coalville
- 13th September Acrobatics Gymnastics Level 1. Derby

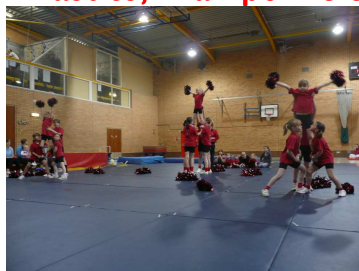
For further information on Coaching courses please contact Alan Price
[07739512166](tel:07739512166)
alan.price@gymnasticengland.org



GYMMARK

CONGRATULATIONS TO:

Huncote Gymnastics, Trampoline & Cheer Club



Well done to Kelly Jones head coach at the club. The club was only set up in September 2008 and has managed to get all the policies in place to pass the accreditation. The club now runs Gymnastics, Trampoline, Cheerleading and Pre-School sessions.

Swift Gymnastics Club



Not only have Swift managed to expand to Loughborough Leisure Centre, they have squeezed in meeting the criteria for GymMark! Debbie Rich has worked very hard to ensure the club works effectively and follows British Gymnastics procedures.

Loughborough Students Gymnastics Club



Loughborough Students Gymnastics Club is the first student Gymnastics Club in the country to gain GymMark accreditation. It was definitely a team effort with everyone at the club helping out where they could, but a big well done to previous Chair of the club Katie Steele and new Chair Deborah Hackett.

Contact rachel.clerck@gymnasticsengland.org if your club is interested in registering to start the GymMark process!



INTER SSP GYMNASTICS COMPETITION FINAL

The day finally arrived for the Inter School Sports Partnership Gymnastics Competition! After a year of organizing with each SSP running their own competition in order to select a team. Gymnasts performed routines using the English Gymnastics Key Steps Resource at Levels 1 and 2. Years 3 & 4 Girls and Boys competed on 3 apparatus Floor, Vault and Body Management for Individual and Team Medals.

The day was divided into Morning and Afternoon sessions to accommodate all 10 School Sport Partnerships. Each SSP could enter a team of 6 competitors at Level 1 and 6 competitors at Level 2.

Morning Session

Burleigh
Crown Hills
Lancaster
Longslade
Oadby & Wigston

Afternoon Session

Blaby & Harborough
Hinckley & Bosworth
Melton
North West
Rutland



For further information on the group or schools Gymnastics please contact rachel.clerck@gymnasticsengland.org

[East Midlands
Gymnastics
Association
Website](#)

The Website is now up and running for you to access all necessary information regarding Gymnastics in our Region.

The site includes News and updates and contains information about Events and Coaching Courses.

The website hopes to act as a great method of communication for all our Clubs so please access it and make use of this fantastic resource.

www.emgymnastic.org.uk

RESULTS

While the scores were being calculated Loughborough Students Gymnastics Club performed a spectacular display for the audience. The medals were then presented by special guest Robert Payne, Commonwealth Competitor and former English Champion.

Individual Level 1

1 st Kirsty Lemm	North West
Joint 2 nd Amy Allen	North West
Joint 2 nd Jaymee Feeley	Rutland
Joint 3 rd Emily Babb	North West
Joint 3 rd Amrina Watchet	Oadby & Wigston

Individual Level 2

1 st Katie Chung	Oadby & Wigston
Joint 2 nd Danielle Dawson	Hinckley & Bosworth
Joint 2 nd Ellie- May Thorpe	Oadby & Wigston
Joint 3 rd Chloe Durant	Oadby & Wigston
Joint 3 rd Chloe Chambers	Rutland

Team Level 1

1 st North West SSP
2 nd Oadby & Wigston SSP
3 rd Rutland SSP

Team Level 2

1 st Oadby & Wigston SSP
2 nd Rutland SSP
3 rd Hinckley & Bosworth SSP



A special thank you to all the helpers and volunteers on the day and to those that have been involved with the competition throughout the year!



GYMNASTICS
ASSOCIATION



EAST MIDLANDS GYMNASTICS AND TRAMPOLINE DISABILITY ROADSHOW

The Roadshow arrived at Leicester Leys Leisure Centre for the day on Sunday 17th May 2009. Laura Graves from Holland Alexander came along to promote Special Olympics Leicester 2009 with the help of Solly the Lion the official mascot!

14 new participants came along to the event and were later joined by Leicester Leys Special Needs Gymnastics Club and Huncote Hearts Cheerleading Club. All the new participants were introduced to Gymnastics starting with a session on Fundamentals. Once they were warmed up and starting to get the hang of what Gymnastics is about, each participant had the opportunity to experience “Come and Try” sessions on both Bars and Beam, with the help of expert coaches from Leicester Leys. Or showed us their bounce ability on the Trampoline with the help of Huncote Gym & Trampoline coach Kelly Jones and Soar Valley Trampoline coach, Annette Lewis.



Just before lunch, after Leicester Leys had warmed up their routines everyone was treated to a fantastic display from the Gymnasts entered in this year Special Olympics! The boys performed their Bar, Floor, Pommel, Rings and Parallel Bars routines, with the girls demonstrating Floor and Beam closely analysed by Yvonne Haynes, head coach for the club. After lunch Julie Lowe an expert in Rebound Therapy provided a short workshop to spectators on the benefits of Trampoline as a therapeutic exercise for children with special needs. Followed by an exciting Cheerleading display from Huncote Hearts members of Huncote Gym & Trampoline Club.

The day ended with an extra “Come and Try” Trampoline session for those eager participants that stayed for the full day. The event was a great success and enjoyed by all those that attended!

The East Midlands will now be running a schedule of courses designed to support Gymnastics and Trampolining Clubs in Coaching and Teaching disabled performers:

– British Gymnastics Disability Gymnastics add on module – 3rd & 4th October 2009, Coalville Gymnastics Club, Leicestershire

For other available courses please refer to:

- Sports Coach UK website www.sportscoachuk.org or
- Nottinghamshire sporting website www.intosport.org.uk



If you would like any further information on Gymnastics or Trampoline for people with a disability please contact rachel.clerck@gymnasticsengland.org



OTHER NEWS!

On Sunday 10th May, New College Gymnastics Centre was revealed to the public with its first test event since completion. The event was the East Midlands Regional Championships for Rhythmic Gymnastics and those that went along to see the facility, have all commented on how fantastic it will be for the county and region. There will now be a few more test events before New College hosts the Gymnastics for Special Olympics Leicester, 2009!

BON VOYAGE

Finally I wanted to let you all know that I will be leaving Leicester-Shire and Rutland for pastures new, as I take on the role of Sports Development Officer for Nottinghamshire County Council. There will also be other changes for Gymnastics in the East Midlands as Gemma Barton, Regional Development Officer also takes on a new role. For those of you that aren't aware Gemma is expecting a baby in August! Thank you to everyone I have worked with this past year and best wishes to you all.